



The Burlington, Marine Parade
Worthing BN11 3QL
01903 211222
www.theburlingtonworthing.co.uk

Sapphire Set Menu

Starters

Garlic Mushrooms

A mixed selection of flavoursome mushrooms,
sautéed in garlic & fresh herbs

Caprese Salad

A simple Italian classic, combining buffalo mozzarella, tomato
& fresh basil leaves, drizzled with extra virgin olive oil

Melon Balls

Balls of honey dew melon drizzled with port & sprinkled with
orange zest

Main Courses

Chicken Alla Napoletana

Supreme of chicken with garlic & peppers in a tomato sauce.
Served with sautéed potatoes & seasonal vegetables

Cod fillet in Parmesan

Fresh Cod fillet cooked to perfection
Served with sautéed potatoes & seasonal vegetables
finished with a parmesan cream

Lasagne Vegetariane

Layers of Italian pasta filled with sautéed mixed mushrooms,
creamy Napoli sauce, fresh spinach & béchamel.
Oven-baked & topped with fresh parmesan

Sweets

Dark Chocolate Mousse

With whipped cream

Fresh Fruit Salad

Strawberries, apples, pears, grapes & pineapple finished in a sugar syrup

Apple & Cinnamon Crumble

Served with Custard

3 courses £18.50