



The Burlington, Marine Parade  
Worthing BN11 3QL  
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[www.theburlingtonworthing.co.uk](http://www.theburlingtonworthing.co.uk)

## Sapphire Set Menu

### Starters

#### Garlic Mushrooms

A mixed selection of flavoursome mushrooms,  
sautéed in garlic & fresh herbs

#### Caprese Salad

A simple Italian classic, combining buffalo mozzarella, tomato  
& fresh basil leaves, drizzled with extra virgin olive oil

#### Melon Balls

Balls of honey dew melon drizzled with port & sprinkled with  
orange zest

### Main Courses

#### Chicken Alla Napoletana

Supreme of chicken with garlic & peppers in a tomato sauce.  
Served with sautéed potatoes & seasonal vegetables

#### Cod fillet in Parmesan

Fresh Cod fillet cooked to perfection  
Served with sautéed potatoes & seasonal vegetables  
finished with a parmesan cream

#### Lasagne Vegetariane

Layers of Italian pasta filled with sautéed mixed mushrooms,  
creamy Napoli sauce, fresh spinach & béchamel.  
Oven-baked & topped with fresh parmesan

### Sweets

#### Dark Chocolate Mousse

With whipped cream

#### Fresh Fruit Salad

Strawberries, apples, pears, grapes & pineapple  
finished in a sugar syrup

#### Apple & Cinnamon Crumble

Served with Custard

**3 courses £17.50**